

Serving Social Healing

Preparing for Spiritual Awakening

Course 1

Awakening to the Supersensible and Elemental World

Course teacher: Dietlind Kionke-Thoemmes

January 24 – 25, February 7, 2026

In this course, we will learn and practice methods for awakening to the supersensible and elemental world. Invited are participants of a preparatory course (or equivalent experience) including previous Course 1 participants who want to deepen their understanding and practice. Attendance is required for all units.

Participation in one of the basic method courses is a prerequisite for this course.

Location: 108 Greenwood Ave. San Rafael, CA 94901

Time: 10 am to 7 pm (with breaks)

Snacks, fruit, water, tea and coffee will be provided for the snack breaks.
You are welcome to bring your own lunch or go out for lunch.

The fee for first-time participants is \$300.
The fee for participants who have taken the class previously is \$175

To register: please contact Dietlind at dietlind@mailbox.org

There is more information about the basic practices here:
<https://social-healing.org/basic-methods>.