

Serving Social Healing

An Invitation: Come and feel nourished and harmonized in soul and spirit!

Learn practices for inner and social healing based on methods of
concentration and meditation born out of Anthroposophy.

A SPECIAL INTRODUCTORY SERIES OF CLASSES IN SANTA CRUZ

Course teacher: Dietlind Kionke-Thoemmes

August 2: THE LOGIC OF THE WILL

This class introduces a method to instill harmony and healing in social connections and contexts. It builds on the *Logic of the Heart* practice, introduced in July. The *Logic of the Heart* is a method for purifying perception, lifting our consciousness out of the astral body so that our awareness becomes objective and we can perceive what is true when looking at our soul life. To be able to purify our perception through the *Logic of the Heart* is the necessary first step for the *Logic of the Will* exercise. Through the *Logic of the Will* human relationships and conflicts can be healed, bringing harmony and well-being into community life. This fosters healing in the present and helps prepare for the future.

October 4: Working with Chains of Repeated Occurrences

Working with both the *Logic of the Heart* and the *Logic of the Will*, this class introduces a method to foster healing for our life experiences, connecting us to the Grail stream. Participation in one of Dietlind's previous classes is a prerequisite for this class.

Location: Paloma Hall, Camphill California, 4096 Fairway Drive, Soquel

Time: 9:30 am to 6:30pm (with breaks)

Snacks, fruit, water, tea and coffee will be provided for the snack breaks. You are welcome to bring your own lunch or go out for lunch.

The fee for first-time participants is \$100 per day.

The fee for participants who have taken the class previously is \$60 per day.

Commitment to the series is not required.

To register: please contact Dietlind at dietlind@mailbox.org

There is more information about the basic practices here:

https://social-healing.org/basic-methods.