



Preparing for Spiritual Awakening

Experience Paths of Inner and Social Healing

Through Methods of Concentration and Meditation
Born out of Anthroposophy

June 27 – 29, 2025, 10 am to 7 pm

At Camphill California's Paloma Hall, 4096 Fairway Drive, Soquel

Facilitated by Dietlind Kionke-Thoemmes

Over the course of 3 days, participants will explore and practice methods which will, at first, enable the experience of inner peace and connection to the Higher Self, through the *Logic of the Heart*. Upon this foundation will be added practices for social healing through the *Logic of the Will*, *Image Dialog Work*, and *12 meditative steps through the cycle of the Zodiac*.

Fee for first-time participants: \$350-450 (sliding scale*)

Fee for repeat participants: \$175

RSVP to dietlind@mailbox.org or through www.social-healing.org

For more information, please, visit <https://social-healing.org/basic-methods>

*For reduced fee arrangements, contact Dietlind directly. First-time participants are requested to attend all units of the course. There will be several breaks daily, including a two hour lunch break.